

INARIA Soccer Sizing Chart for Uniform Apparel

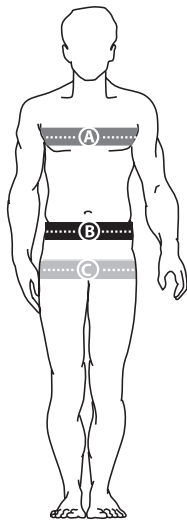
(Measurements in Imperial & Metric)

MENS	S	M	L	XL	XXL
Chest	37" - 38" 94 cm - 97 cm	39" - 40" 99 cm - 102 cm	41" - 43" 104 cm - 109 cm	44" - 46" 112 cm - 117 cm	47" - 49" 119 cm - 125 cm
Waist	29" - 30" 74 cm - 76 cm	31" - 33" 79 cm - 84 cm	34" - 35" 86 cm - 89 cm	36" - 37" 91 cm - 94 cm	38" - 40" 97 cm - 102 cm
Seat	36" - 37" 91 cm - 94 cm	38" - 39" 97 cm - 99 cm	41" - 42" 104 cm - 107 cm	43" - 44" 109 cm - 112 cm	45" - 47" 114 cm - 119 cm
Height	5'5" - 5'9" 165 cm - 175 cm	5'9" - 5'11" 175 cm - 180 cm	5'11" - 6'1" 180 cm - 185 cm	6'1" - 6'3" 185 cm - 196 cm	6'3" - 6'5" 191 cm - 196 cm

WOMEN	XS (2)	S (4-6)	M (8-10)	L (12-14)	XL (16-18)
Chest	30" - 32" 76 cm - 81 cm	32" - 34" 81 cm - 86 cm	35" - 37" 89 cm - 94 cm	38" - 40" 97 cm - 102 cm	41" - 43" 104 cm - 109 cm
Waist	23" - 25" 58 cm - 64 cm	25" - 26" 64 cm - 66 cm	27" - 29" 69 cm - 74 cm	30" - 32" 76 cm - 81 cm	33" - 35" 84 cm - 89 cm
Seat	33" - 35" 84 cm - 89 cm	35" - 37" 89 cm - 94 cm	37" - 39" 94 cm - 99 cm	40" - 42" 102 cm - 107 cm	43" - 45" 109 cm - 114 cm
Height	5' - 5'4" 152 cm - 163 cm	5'1" - 5'5" 155 cm - 165 cm	5'2" - 5'6" 157 cm - 168 cm	5'3" - 5'7" 160 cm - 170 cm	5'4" - 5'8" 163 cm - 173 cm

YOUTH	XS (4)	S (5-6)	M (7-8)	L (10/12)	XL (14)
Chest	22" - 23" 56 cm - 58 cm	24" - 26" 61 cm - 66 cm	26" - 29" 66 cm - 74 cm	29" - 32" 74 cm - 81 cm	32" - 34.5" 81 cm - 88 cm
Waist	21" - 22" 53 cm - 56 cm	22.5" - 23.5" 57 cm - 60 cm	23.5" - 24.5" 60 cm - 62 cm	24.5" - 25.5" 62 cm - 65 cm	25.5" - 27.5" 65 cm - 70 cm
Seat	23" - 24" 58 cm - 61 cm	24.5" - 25.5" 62 cm - 67 cm	26.5" - 28.5" 67 cm - 72 cm	28.5" - 30.5" 72 cm - 78 cm	30.5" - 33.5" 78 cm - 85 cm
Height	3'3" - 3'8" 99 cm - 112 cm	3'9" - 4'2" 114 cm - 127 cm	4'2" - 4'7" 127 cm - 140 cm	4'7" - 4'11" 140 cm - 150 cm	4'11" - 5'4" 150 cm - 163 cm

How to Measure for a Good Fit



- A** CHEST
- B** WAIST
- C** SEAT

A CHEST

Measure around the fullest part of your chest, keeping the tape firmly under your armpits and around your shoulder blades.

B WAIST

Measure around the natural waist (where your body creases leaning to the left or the right).

C SEAT

Measure around the fullest part of the seat.

- For best results, take measurements over undergarments.
- Hold tape measure firmly, not tightly.
- Keep tape measure parallel to the floor.
- Match your measurements to the above size chart. If measurements fall between sizes, go to the next size up.