

U6 PRACTICE #4

Appendix B

U6 SOCCER PRACTICE SCHEDULE

Most, if not all, of the small-sided soccer games, fun games and soccer skill drills set out in the practice schedule are covered in the U6 clinic.

<p><u>Practice #1</u></p> <p>Bulldog Soccer + SK drills..(12 mins) Micro-Soccer game.....(10 mins) Mack II(10 mins) Mini-Soccer game + Chain-Link Soccer (10 mins)</p>	<p><u>Practice #2</u></p> <p>Square Dance + Anatomy + Space Invaders Change Soccer game Mack I Mini-Soccer game</p>
<p><u>Practice #3</u></p> <p>Bulldog Soccer + SK drills Change Soccer game Circle Passing Mini-Soccer game + Chain-Link Soccer</p>	<p><u>Practice #4</u></p> <p>Square Dance +Anatomy +Musical Soccer Balls Numbers game Circle Passing Change Soccer game</p>
<p><u>Practice #5</u></p> <p>Shadow Soccer + SK drills Numbers game Mack II Mini-Soccer game + Chain-Link Soccer</p>	<p><u>Practice #6</u></p> <p>Square Dance +Musical Soccer Balls +Survivor Change Soccer game Mack II Mini-Soccer game (kids vs parents?)</p>
<p><u>Practice #7</u></p> <p>Shadow Soccer + SK drills Numbers game Mack I Mini-Soccer game + Chain-Link Soccer</p>	<p><u>Practice #8</u></p> <p>Square Dance +Musical Soccer Balls +Nutmeg Change Soccer game Circle Passing Mini-Soccer game + Chain-Tag game</p>
<p><u>Practice #9</u></p> <p>Chain Tag + SK drills Numbers game Circle Passing Mini-Soccer game + Chain-Link Soccer</p>	<p><u>Practice #10</u></p> <p>Square Dance + Anatomy + Nutmeg Change Soccer game Mack II Mini-Soccer game (kids vs parents?)</p>

